

CHAMPIONSHIP

FRIDAY
JAN.
20

BUILD YOUR CONFIDENCE
AND BE PROUD
EMPTY HAND FORMS AND SPARRING



ALL RANKS
& AGES

FRIDAY JANUARY 20TH

STARTS AT 5:30PM

THIS EVENT VMAL CREDIT

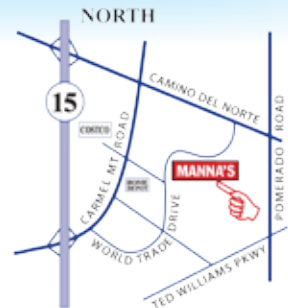


\$25 Donation for Participation

Register online at:

www.temas.org/champ/

TEMAS Lifetime Gold Members Participation \$15 Donation



MANNA'S MARTIAL ARTS 12285B WORLD TRADE DRIVE, SAN DIEGO, CA 92128 (858) 487-6470

CHAMPIONSHIP EXPERIENCE POINTS

EARN THEM

Participation	1 point
3rd Place	3 points
2nd Place	5 points
1st Place	7 points
Grand Champion	15 points

COLLECT THEM

- 11 Manna's Backpack
- 12 Digital Member's Handbook
- 20 Mesh Equipment Bag
- 20 Screen printed T shirt
- 40 TEMAS Ho Sin Sul DVD
- 40 TEMAS Hapkido DVD
- 40 TEMAS Dagger DVD
- 50 TEMAS Il Soo Sik DVD
- 60 Manna's Parents Night Out
- 60 TEMAS Gup Forms DVD
- 60 TEMAS Bong Soo Sik DVD
- 70 Manna's Traditional Uniform

EXCHANGE THEM

- 80 TEMAS BB Forms DVD
 - 90 Manna's Sleep Over
 - 90 P2 Sparring Boots
 - 90 P2 Sparring Gloves
 - 90 P2 Sparring Helmet
 - 120 Senior Master Private
 - 160 GM Manna Private
 - 160 Black Belt Uniform Top
 - 200 TEGU Sparring Helmet
 - 370 3 Day Martial Arts Camp
- Keep on the look out for new items

