

# CHAMPIONSHIP

FRIDAY  
MAR  
31

BUILD YOUR CONFIDENCE  
AND BE PROUD  
EMPTY HAND FORMS AND SPARRING



## ALL RANKS & AGES

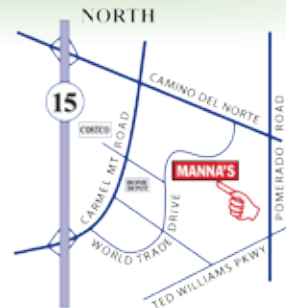
## FRIDAY MARCH 31ST STARTS AT 5:30PM



**\$25** Donation for Participation  
Register online at:

**[www.temas.org/champ/](http://www.temas.org/champ/)**

TEMAS Lifetime Gold Members Participation \$15 Donation



MANNA'S MARTIAL ARTS 12285B WORLD TRADE DRIVE, SAN DIEGO, CA 92128 (858) 487-6470

## CHAMPIONSHIP EXPERIENCE POINTS

### EARN THEM

Participation	1 point
3rd Place	3 points
2nd Place	5 points
1st Place	7 points
Grand Champion	15 points

### COLLECT THEM

- 11 Manna's Backpack
- 12 Digital Member's Handbook
- 20 Mesh Equipment Bag
- 20 Screen printed T shirt
- 40 TEMAS Ho Sin Sui DVD
- 40 TEMAS Hapkido DVD
- 40 TEMAS Dagger DVD
- 50 TEMAS Il Soo Sik DVD
- 60 Manna's Parents Night Out
- 60 TEMAS Gup Forms DVD
- 60 TEMAS Bong Soo Sik DVD
- 70 Manna's Traditional Uniform

### EXCHANGE THEM

- 80 TEMAS BB Forms DVD
- 90 Manna's Sleep Over
- 90 P2 Sparring Boots
- 90 P2 Sparring Gloves
- 90 P2 Sparring Helmet
- 120 Senior Master Private
- 160 GM Manna Private
- 160 Black Belt Uniform Top
- 200 TEGU Sparring Helmet
- 370 3 Day Martial Arts Camp

Keep on the look out for new items

