

# CHAMPIONSHIP

FRIDAY  
MAR.  
30

BUILD YOUR CONFIDENCE  
AND BE PROUD  
EMPTY HAND FORMS AND SPARRING



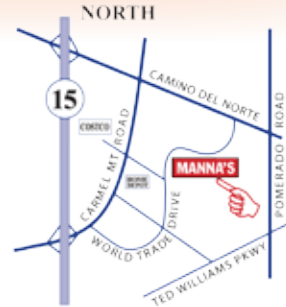
## ALL RANKS & AGES

### FRIDAY MARCH 30<sup>th</sup> STARTS AT 5:30PM



**\$ 25** Donation for Participation  
Register online at:  
**[www.temas.org/champ/](http://www.temas.org/champ/)**

TEMAS Lifetime Gold Members Participation \$15 Donation



MANNA'S MARTIAL ARTS 12285B WORLD TRADE DRIVE, SAN DIEGO, CA 92128 (858) 487-6470

## CHAMPIONSHIP EXPERIENCE POINTS

EARN THEM	COLLECT THEM	EXCHANGE THEM
Participation 1 point	11 Manna's Backpack	80 TEMAS BB Forms DVD
3rd Place 3 points	12 Digital Member's Handbook	90 Manna's Sleep Over
2nd Place 5 points	20 Mesh Equipment Bag	90 P2 Sparring Boots
1st Place 7 points	20 Screen printed T shirt	90 P2 Sparring Gloves
Grand Champion 15 points	40 TEMAS Ho Sin Sui DVD	90 P2 Sparring Helmet
	40 TEMAS Hapkido DVD	120 Senior Master Private
	40 TEMAS Dagger DVD	160 GM Manna Private
	50 TEMAS Il Soo Sik DVD	160 Black Belt Uniform Top
	60 Manna's Parents Night Out	200 TEGU Sparring Helmet
	60 TEMAS Gup Forms DVD	370 3 Day Martial Arts Camp
	60 TEMAS Bong Soo Sik DVD	Keep on the look out for new items
	70 Manna's Traditional Uniform	

