

SELF DEFENSE WORKSHOP

Registration Form for Self Defense Workshop

KEEP SAFE!

To register yourself or your teen, please complete all parts of this registration form and click on the "Register Now" button. Attendee is required to wear comfortable or loose workout clothing and comfortable running- or tennis-type sneakers.

1. Student information:

Attendee Name:* _____ Age:* _____

2. Attendee or contact information:

Adult or Parent's Name:* _____

Adult or Parent's Phone Number:* _____
(ex. 123456789)

Email address:* _____
(ex. jsmith@mail.com)

Mailing Zip Code:* _____

Terms and Conditions:

Please read this important statement before submitting this form:

By submitting this Registration Form, I indicate that I have read and agree by participating in this Self Defense Workshop that I or my teen may risk bodily injury and knowingly and freely assume all risk for myself and or my teen. I release and hold harmless and nor hold legally responsible the RBCPC, TEMAS or MANNA'S with respect to any injury except that which results from negligence or willful misconduct. I and/or my teen have been made aware of the safety rules of the Self Defense Workshop and give my permission for him/her to participate in this Self Defense Workshop.

Do you agree to the Terms and Conditions? _____

Attendee's Signature: _____ Date: _____

Parent or Guardian must approve if Attendee is under the age of 18:

Authorized Signature: _____ Date: _____

* Required information

FAX OR MAIL THIS FORM

Fax to: 858-673-4137

Mail to: Keep Safe 12285B World Trade Drive, San Diego, CA 92128

FOR A LIST OF DATES AND TIMES GO TO: **www.temas.org/keepsafe**