

# After School Karate Session 3

**Rolling Hills Elementary**  
**On Fridays 12:50 PM**  
**Session 3**  
**8 Class Dates:**  
**March 23, 30, April 6**  
**May 4, 11, 18, 25**  
**June 1**

Dates are subject to change due to unexpected school closures.



**FREE UNIFORM SPECIAL**  
 First Time Sign Up  
 Save \$40



www.temas.org  
 A 501(c)(3) Non-Profit Corp. Since 1992  
 29 years serving PUSD community



**Master Chris Brand**  
 Chief Instructor  
 Dragon Director  
 Enrichment Director

**Our Program is designed to help your child develop self-confidence, strong character, and self-discipline while learning the Martial Arts.**

**Additional program information at [www.manna.us](http://www.manna.us)**

**Please notify us if your child has any allergies due to classes being held outdoors.**

To Register: You may register at: [www.temas.org/outreach](http://www.temas.org/outreach) or complete the this Registration and mail with a check to: TEMAS

Dress: Students are required to have an approved uniform: ages 5 & 6 Little Dragons and ages 7 and up Dragons uniform. They will train on the grass with bare feet; tennis shoes are required if we are on dirt or asphalt.

Makeup Lessons & Refunds: If weather does not permit class to be held, a class will be added to the end of the session. There are no refunds for missed classes. Confirmation (and cancellations if necessary) will be e-mailed prior to classes starting. Makeup classes will be offered at Manna's Martial Arts, Carmel Mountain.

**TEMAS 12285B World Trade Drive, San Diego CA 92128 (858) 487-6470 [www.temas.org/outreach](http://www.temas.org/outreach)**

# After School Karate Session 3

You may register at: [www.temas.org/outreach](http://www.temas.org/outreach) (Email required for confirmations or cancellations.)

**Rolling Hills Elementary School Session 3 (Dates Above)**

Student's Name \_\_\_\_\_  
 Parent's Name \_\_\_\_\_  
 Parent's Phone \_\_\_\_\_  
**Email address** \_\_\_\_\_  
 Mailing address \_\_\_\_\_

Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_ Grade \_\_\_\_\_  
 Uniform Size Height \_\_\_\_\_ Weight \_\_\_\_\_  
 Clothing size \_\_\_\_\_

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 Save \$40

Do you have a TEMAS/Manna's approved uniform? Yes \_\_\_\_\_ No \_\_\_\_\_

- My child will attend ESS.
- My child will be picked up by \_\_\_\_\_
- My child will walk home.

My child has outdoor allergies: \_\_\_\_\_

By signing below, I indicate that I have read and agree by participating in Martial Arts that my child may risk bodily injury and knowingly and freely assume all risk for my child. I release and hold harmless and nor hold legally responsible the PUSD, TEMAS or MANNA'S with respect to any injury except that which results from negligence or willful misconduct. I have made my child aware of the safety rules of the school and give my permission for him/her to participate in this Enrichment Program.

Parent Signature \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

THE EDUCATIONAL MARTIAL ARTS SYSTEM, INC. (TEMAS)  
 12285B World Trade Drive, San Diego CA 92128 (858) 487-6470

	Have Uniform	& Uniform	All Three(3) Sessions
Registration fee	\$ 120	\$ 120	\$ 360
Uniform	Have One	\$ 40	<b>FREE</b>
<b>Total:</b>	<b>\$ 120</b>	<b>\$ 160</b>	<b>\$ 360</b>

Amount enclosed: \_\_\_\_\_

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