## **Stone Ranch**

**Elementary** On Wednesdays 12:30 PM

Session 1

8 Class Dates: September 25 October 2, 9, 16, 23, 30 November 6, 13

> Dates are subject to change due to unexpected school closures.



or Sign up for 3 Sessions Save \$40



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Grandmaster Manna TEMAS Founder Manna's Martial Arts Founder

Our Program is designed to develop your child's self-confidence, become coachable, improve character, selfdiscipline, and fitness while learning self-defense skills.

Additional program information at www.manna.us Please notify us if your child has any allergies due to classes being held outdoors.

To Register: You may register at: www.temas.org/outreach or complete the this Registration and mail with a check to: TEMAS

<u>Dress</u>: Students are required to have an approved uniform: ages 5 & 6 Little Dragons and ages 7 and up Dragons uniform. They will train on the grass with bare feet; tennis shoes are required if we are on dirt or asphalt.

Makeup Lessons & Refunds: If weather does not permit class to be held, a class will be added to the end of the session. There are no refunds for missed classes. Confirmation (and cancellations if necessary) will be e-mailed prior to classes starting. Makeup classes will be offered at Manna's Martial Arts, Carmel Mountain.

TEMAS 12285B World Trade Drive, San Diego CA 92128 (858) 487-6470 www.temas.org/outreach

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After School	Karate session 1
You may register at: www.temas.org/outreach (Email re	IMITODE
Stone Ranch Elementary Schoo	' SPECIAT
Student's Name	Birth date// Grade First Time Sign-Up
Parent's Name	
Parent's Phone	Clothing size — Weight — Sessions Save \$40
Email address	Do you have a TEMAS/Manna's approved uniform? Yes No
Mailing address	My child will attend ESS.
By signing below, I indicate that I have read and agree by participating in Martial Arts	My child will be picked up by
that my child may risk bodily injury and knowingly and freely assume all risk for my	My child will walk home.
child. I release and hold harmless and nor hold legally responsible the PUSD, TEMAS	My child has outdoor allergies:
or MANNA'S with respect to any injury except that which results from negligence or willful misconduct. I have made my child aware of the safety rules of the school	All Three(3) Have Uniform & Uniform Sessions
and give my permission for him/her to participate in this Enrichment Program.	Registration fee \$ 120 \$ 120 \$ 360
Parent Signature	Uniform Have One or First Time \$ 40 FREE
Date / /	Total: \$ 120 \$ 160 \$ 360
THE EDUCATIONAL MARTIAL ARTS SYSTEM, INC. (TEMAS)	Amount enclosed:
12285B World Trade Drive, San Diego CA 92128 (858) 487-6470	You may register at: www.temas.org/outreach