

# After School Enrichment Program

## KARATE CLASS HERE AT YOUR SCHOOL WINTER 2011-12



A 501(c)(3)  
Non-Profit Corp. Since 1992



26 years serving our community

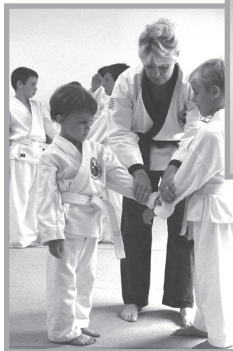


### Winter Session Dates

Fall Session is January 3rd - March 9th

## 24 YEARS OF CONSECUTIVE CLASSES AT PUSD

Community leaders in application of physical and mental skill sets using martial arts as a tool for success.



Master Janet Manna  
Teacher/Director



Master Chris Brandt  
Teacher/Director



Cindy O'Donnell  
Coordinator



Grandmaster Brian Manna  
TEMAS Executive Director

### About our Program:

Our approved Enrichment Programs are designed to help your child develop self-confidence, strong character, and self-discipline while learning the Martial Arts.

All class teachers have received their Instructor Certification through MANNA'S Martial Arts.

Please notify us if your child has any allergies due to classes being held outdoors.

### To Register:

You may register at: [www.temas.org/outreach](http://www.temas.org/outreach) or complete the (TEMAS) Enrichment Registration Form on the back and mail with a check payable to:

**TEMAS Enrichment**  
12285B World Trade Drive  
San Diego, CA 92128

### Cost:

Cost is \$76 per session.

Uniforms are \$35



## Martial Arts Enrichment Programs

12285B World Trade Drive, San Diego CA 92128

(858) 487-6470

[www.temas.org/outreach](http://www.temas.org/outreach)



# After School Enrichment Registration For Martial Arts

You may register at: [www.temas.org/outreach](http://www.temas.org/outreach) (Email address required for confirmations or cancellations.)

PUSD Elementary School \_\_\_\_\_

Student's Name \_\_\_\_\_

Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Grade \_\_\_\_\_

Parent's Name \_\_\_\_\_

Uniform Size Height \_\_\_\_\_ Weight \_\_\_\_\_

Parent's Phone \_\_\_\_\_

Clothing size \_\_\_\_\_

Email address \_\_\_\_\_

Do you have a TEMAS/Manna's approved uniform? Yes \_\_\_\_ No \_\_\_\_

Mailing address \_\_\_\_\_

My child will attend ESS.

My child will be picked up by \_\_\_\_\_

My child will walk home.

By signing below, I indicate that I have read and agree by participating in Martial Arts that my child may risk bodily injury and knowingly and freely assume all risk for my child. I release and hold harmless and nor hold legally responsible the PUSD, TEMAS or MANNA'S with respect to any injury except that which results from negligence or willful misconduct. I have made my child aware of the safety rules of the school and give my permission for him/her to participate in this Enrichment Program.

My child has outdoor allergies: \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

	Winter Only*	Winter Only & Uniform
Registration fee	\$ 76	\$ 76
Uniform	Have One	\$ 35
Total:	\$ 76	\$ 111

Amount enclosed: \_\_\_\_\_

THE EDUCATIONAL MARTIAL ARTS SYSTEM, INC. (TEMAS)  
12285B World Trade Drive, San Diego CA 92128 (858) 487-6470

## After School Enrichment Program for Martial Arts Class

The Educational Martial Arts System, Inc. (TEMAS)

[www.temas.org/outreach](http://www.temas.org/outreach)



### SCHOOL TIMES AND DATES FOR WINTER 2012

Classes will all meet in your school's Lunch Area

Class dismissal time is one hour from the time below for each school.

#### FALL SESSION CLASS DATES

##### Creekside

Friday @ 3:20 in Lunch Area  
Jan. 6, 13, 20; Feb. 3, 10, 17; Mar. 2, 9

##### Highland Ranch

Thursday @ 1:45 in Lunch Area  
Jan. 5, 12, 19, 26; Feb. 2, 9, 16; Mar. 1

##### Stone Ranch

Wednesday @ 12:30 in Lunch Area  
Jan. 4, 11, 18, 25; Feb. 1, 8, 15, 29

##### Rolling Hills

Friday @ 12:50 in Lunch Area  
Jan. 6, 13, 20; Feb. 3, 10, 17; Mar. 2, 9

##### Shoal Creek

Tuesday @ 2:35 in Lunch Area  
Jan. 3, 10, 17, 24, 31; Feb. 7, 14, 28

##### Turtleback

Monday @ 2:30 in Lunch Area  
Jan. 9, 23, 30; Feb. 6, 13, 27; Mar. 5, 12

##### Willow Grove

Wednesday @ 3:20 in Lunch Area  
Jan. 4, 11, 18, 25; Feb. 1, 8, 15, 29

##### Monterey Ridge

Thursday @ 3:20 in Lunch Area  
Jan. 5, 12, 19, 26; Feb. 2, 9, 16; Mar. 1

The Educational Martial Arts System - Nationally known as TEMAS

#### Dress:

Students are required to have an approved uniform: ages 5 & 6 Little Dragons and ages 7 and up Dragons uniform. They will train on the grass with bare feet; tennis shoes are required if we are on dirt or asphalt.

#### Makeup Lessons & Refunds:

If weather does not permit class to be held, a class will be added to the end of the session. There are no refunds for missed classes. Confirmation (and cancellations if necessary) will be emailed prior to classes starting. Dates are subject to change due to unexpected school closures.

#### Program Director & Instructor:

Master Christopher Brandt

#### Program Coordinator:

Mrs. Cindy O'Donnell

#### TEMAS Executive Director:

Grandmaster Brian Manna

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