

SATURDAY  
JANUARY  
24

# CHAMPIONSHIP

STARTS  
11 AM  
Saturday



MANNA'S & THE EDUCATIONAL MARTIAL ARTS SYSTEM INVITATIONAL  
EMPTY HAND FORMS - SPARRING - WEAPONS FORMS

Divisions will be divided for safety and by available numbers.



# ALL RANKS & AGES

STARTS AT 11 AM WITH YOUNGEST AGES FIRST

FORMS, SPARRING & WEAPONS

SPECTATORS ARE WELCOME TO WATCH

**\$25** Donation for TEMAS

Participation

Register online at: [www.temas.org/champ/](http://www.temas.org/champ/)

TEMAS Lifetime Gold Members Participation \$15 Donation



THIS EVENT VHAL CREDIT



MANNA'S MARTIAL ARTS 12285B WORLD TRADE DRIVE, SAN DIEGO, CA 92128 (858) 487-6470 [www.manna.us](http://www.manna.us)

## TEMAS Championship Registration SATURDAY - JANUARY 24th - at 11 AM

STARTS AT 11 AM WITH YOUNGEST AGES FIRST

Participant's Name:

Age:  Rank:

Club/School Name:

### AGE PROGRAM

- Ages 3 and 4
- Ages 5 and 6
- Ages 7 to 9
- Ages 10 to 11
- Ages 12 to 15
- Ages 16 to 29
- Adult 30 to 44
- Adult 45+

### BELT COLOR

- White Belt
- Orange Belt
- Green Belt
- Blue Belt
- Red Belt
- Black Belt

### PARTICIPATE IN

- EMPTY HAND FORMS AND COMBINATIONS
- YOUTH PT. SPARRING STUDIO CLASS RULES
- MALE PT. SPARRING STUDIO CLASS RULES
- FEMALE PT. SPARRING STUDIO CLASS RULES
- WEAPONS (Red & Black)

## \$25 Donation for TEMAS Participation - Spectators Free

TEMAS Lifetime Gold Members Participation \$15 Donation

### TEMAS VARSITY LETTER

- Varsity Letter Credit

I hereby discharge any and all rights and claims for damages which I may have, or which may occur to me, against The Educational Martial Arts System Inc. (TEMAS), Manna's Martial Arts, Outreach Programs, any representative of this championship and any competitor for any and all damages which may be sustained by me in connection with my association with this athletic event, and in connection with any medical services I may be provided in connection with any injury or illness. I understand the rules as provided by my instructor in their entirety. I further understand that I may be dismissed from the premises if my conduct is not cooperative to the successful operation of the championship.

Competitor's Signature:  Date:

Parent or Legal Signature:  Date: